



Course Description

PHT1201 | Introduction to Physical Therapy | 2.00 credits

This course introduces students to the survey and history of the physical therapy profession. The role and responsibilities of the physical therapist assistant as they interact with patients and other health care workers are discussed. It incorporates discussion on legal and ethical issues, levels of supervision, and the medical record. An overview of common pathologies is presented. Prerequisites: BSC2085, BSC2085L, PHY1004, PHY1004L; Corequisites: PHT1102C, PHT1201L, PHT1211, PHT1211L

Course Competencies:

Competency 1: The student will understand the profession of Physical Therapy by:

1. Defining Physical Therapy
2. Identifying in general terms the history of physical therapy, including explaining the need for the American Physical Therapy Association and the Affiliate Assembly
3. Listing the current programs available leading to a degree in P.T. or P.T.A
4. Listing the different types of physical therapy practice and explain how these practices may differ

Competency 2: The student will understand the Credentialing associated with Physical Therapy by:

1. Listing the responsibilities of the physical therapist and assistant
2. Explaining the process and the need for licensing
3. Explaining the role of the physical therapist assistant to the physical therapist
4. Explaining the legal and ethical considerations for the physical therapist assistant
5. Discussing the importance of continuing education

Competency 3: The student will demonstrate an understanding of the Models of Health Care

Practice by:

1. Listing the team members that work together in the health care setting and describing their contributions to patient wellness
2. Describing the models of interdisciplinary practice and the settings in which they function

Competency 4: The student will demonstrate an understanding of the Ethics and Health Care by:

1. Discussing issues facing healthcare workers today
2. Discussing the Code of Ethics for the Physical Therapist Assistant and be able to apply its principles to case presentations

Competency 5: The student will demonstrate an understanding of the Survey of Pathological Conditions by:

1. Defining disease in general terms
2. Differentiating between a symptom and a sign
3. Defining etiology
4. Describing the symptoms and signs of inflammation, the process of repair, and the scar formation
5. Defining immunity in general terms
6. Describing the etiology and clinical manifestations of selected pathologies

Learning Outcomes:

- Communicate effectively using listening, speaking, reading, and writing skills
- Solve problems using critical and creative thinking and scientific reasoning
- Formulate strategies to locate, evaluate, and apply information
- Demonstrate knowledge of ethical thinking and its application to issues in society